Hudson Valley Credit Union Carrier Information

Click on the hyperlinks below to be directed to each of the Carrier's home pages on the Internet.

Principal Financial Group 401(k)

Plan #705786 Customer Service 1-800-986-3343

Anthem

Medical Group #723015 Member Services 1-844-235-4455 24/7 Nurse Line 1-866-784-2643

LiveHealth Online telemedicine https://livehealthonline.com/

Vision Group #723015 V

Customer Service 1-866-723-0515

Express Scripts Prescriptions

Plan #HVCRX4U Customer Service 1-877-819-4032 Accredo Specialty Pharmacy 1-800-803-2523 (refills and orders)

Delta Dental

Plan #2348

Claims Questions: 1-800-932-0783

American Benefits Group Flexible Spending Accounts

Customer Service 1-800-499-3539 (option 2)

support@amben.com

Leave Management: UNUM Total Leave

To start a claim, go to https://portal.unum.com or call 866-868-6737

NFP Benefits Concierge

(877) 835-1361

DBbenadmin@nfp.com

NFP Claims Advocacy Team

CSclaims@nfp.com

ESI Total Care Employee Assistance Program (EAP) 1-800-252-4555

Metlife (Accident Care, Critical Illness, Hospital Indemnity, and Pet Insurance) Group Number# 5397129 Customer Service 1-800-438-6388 www.metlife.com

WIN Fertility

managed.winfertility.com/hvcu Customer Service 1-855-576-1902

Hudson Valley Credit Union Mobile Applications

ANTHEM MEDICAL & VISION

Life doesn't always go as planned. No worries, Anthem's mobile app can help. Download the Sydney Health app here.

ANTHEM LIVEHEALTH ONLINE

When you need to see a doctor, use LiveHealth Online to have a video visit with a board-certified doctor, 24/7, on your smartphone, tablet or computer with a webcam. It's easy to use and more convenient than a trip to urgent care.

It's quick and easy to sign up. Just go to <u>livehealthonline.com</u> or download the free mobile app at Google Play or the Apple App Store.

EXPRESS SCRIPTS

With the Express Scripts mobile app, you can skip the pharmacy trip. From up-to-the-minute order status to a handy "medicine cabinet" to keep track of prescriptions, our app is an on-the-go pharmacy that replaces the runaround...with right now!

To download the mobile app., click <u>here</u>.

DELTA DENTAL

Delta Dental's mobile app gives you access to dentist search, claims and coverage, ID cards and more right on your mobile device. We even have a toothbrush timer built in to make sure you keep up with your daily oral health routine!

To download the Delta Mobile App click here.

AMERICAN BENEFITS GROUP (FSA)

Once you enroll in a Medical or Dependent Care Flexible Spending Account, you can manage your account by signing up for secure access through the following link <u>here</u>.

PRINCIPAL 401(k)

Once you enroll in the HVCU 401(k) Plan, you will have the opportunity to sign up for secure access to your 401(k) plan account through their mobile app. Click <u>here</u> to download.

ADP MOBILE APP

Get secure, on-the-go access to important personal and business information at your fingertips with the ADP Mobile Solutions app. The app gives you access to: paystubs, direct deposit info, W-2 statements, tax withholdings, benefit enrollments, and more.

Download on the Apple App Store or Google Play. For more information, visit <u>ADP Mobile Solutions</u>.

EAP MOBILE APP

You can now have your Employee Assistance Program (EAP) benefits and services at your fingertips on your smartphone by simply downloading the free EAP app for iOS (Apple) and Android! You'll have access to all the same great tools, benefits and resources that you do on your computer, just in a more mobile-friendly format. Click <u>here</u> to download.

If you have any questions or need any help, please contact: <u>benefits@hvcu.org</u>.

METLIFE

HVCU offers the following voluntary supplemental benefit programs:

- Accident Care
- Critical Illness
- Hospital Indemnity
- Pet Insurance

For more details on these MetLife voluntary benefits, please visit https://www.metlife.com/metlife-app/

WIN Fertility

WIN, a family planning benefit, is available to all employees enrolled in HVCU's medical plans with Anthem. WIN is an all-in-one digital health platform providing inclusive family-building benefits and 1:1 support on your path to parenthood. Just go to <u>https://managed.winfertility.com/HVCU/</u> for further information.